



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 03/01/22 : 24/01/22 : 14/02/22 : 07/03/22 : 28/03/22	Main Course	Vegetarian Chilli with Mixed Rice and Mint Yoghurt	Classic Pasta Bolognese & Garlic Bread	Roast Turkey with Roast Potatoes, Stuffing & Gravy	Creamy Chicken & Butternut Korma Curry & Mixed Rice	Crispy Fish Cheeseburger with Chips & Optional Lemon Slaw or Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza Slice with Jacket Wedges	Vegetarian Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast with Roast Potatoes, Stuffing & Gravy	Mildly Spiced Sticky Korean Vegetables with Noodles	Crispy Vegetarian Burger with Chips & Optional Lemon Slaw or Tomato Sauce
	Street Food		Mexican Bean Quesadilla		Cheese & Ham Panini	
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Ham Sandwich	Hot Roast Baguette of the Day	Salmon Mayo Sandwich	Fish Finger Wrap
	Vegetables	Green Beans & Sweetcorn	Broccoli & Roasted Vegetables	Cauliflower & Seasonal Greens	Soy Glazed Vegetables & Carrots/Mixed Salad	Baked Beans & Garden Peas
	Dessert	Orange & Banana Traybake	Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Fruit Salad	Chocolate Cookie
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 10/01/22 : 31/01/22 : 21/02/22 : 14/03/22 : 04/04/22	Main Course	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Spaghetti with Herby Focaccia	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges	Crispy Breaded Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Smoky Spiced Vegetable Stew with Mexican Rice & Homemade Tortilla Chips	Chinese Vegetable Curry & Mixed Rice & Naan	Roast Vegetarian Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Vegetarian Hot Dog with Onions & Chips with Tomato Sauce
	Street Food		Pulled Chicken Wrap		Meatball Sub	
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Ham Sandwich	Hot Roast Baguette of the Day	Tuna Mayo Sandwich	Fish Finger Wrap
	Vegetables	Sweetcorn with Peppers & Garden Peas	Green Beans & Cauliflower	Carrots & Savoy Cabbage	Broccoli & Roasted Winter Vegetables	Baked Beans & Garden Peas
	Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	Brownie
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/01/22 : 07/02/22 : 28/02/22 : 21/03/22 : 11/04/22	Main Course	Vegetarian Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Traditional Toad in the Hole with Mashed Potatoes & Gravy	Roast Chicken with Boiled Potatoes, Stuffing & Gravy	Mild Piri Piri Chicken & Lentil Bake with Mixed Rice	Classic Friday Fish & Chips with Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza with Baby Baked Potatoes	Vegetable & Wholewheat Tortilla Lasagne	Quorn Roast with Boiled Potatoes, Stuffing & Gravy	Tomato, Basil & Courgette Pasta Bake	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
	Street Food		Creamy Bacon Carbonara Pot		Loaded Pizza Muffin	
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Ham Sandwich	Hot Roast Baguette of the Day	Tuna Mayo Sandwich	Fish Finger Wrap
	Vegetables	Mixed Vegetables & Garden Salad	Green Beans & Cauliflower	Wok Bashed Vegetables & Carrots	Broccoli & Sweetcorn	Baked Beans & Garden Peas
	Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Fruit Salad	Lemon Slice

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Colours in the left column represent the band your child should choose for the meal that day