In Autumn..

1. Discover your favourite story/stories
2. Find a stick and make it your own
3. Throw Autumn leaves in the air
4. Crunch through Autumn leaves
5. Hunt for conkers!
6. Make bread from scratch
7. Sing out loud and dance as often as possible (especially in public)
8. Hold a sparkler and write your name in the air
9. Learn to play hopscotch
10. Chalk on pavement
11. Blow bubbles on a windy day
12. Play apple bobbing
13. Feed the ducks
14. Make mud pies
15. Put on a cape and pretend you're a superhero
16. Play Pooh sticks
17. Hide in a pile of leaves
18. Play a clapping/chanting game with a friend
19. Have a tea party with a grandparent
20. Spin around until you feel dizzy
21. Go on a Gruffalo hunt in the woods
22. Buy a stamp
23. Snuggle up and drink hot chocolate and marshmallows
24. Watch a Disney film
25. Make a paper fortune teller

In Winter..

26. Build an indoor den under a table
27. Have a picnic indoors
28. Play party games like pass the parcel
29. Do the Hokey Cokey
30. Have a tea party for your toys
31. Jump on your bed
32. Pretend to conduct your own orchestra
33. Smash ice with a stick outdoors
34. Post a card to a family friend
35. Go to a pantomime
36. Go for a ride on a train (a steam train is even better)
37. Make bird feeders and place them around your garden
38. Catch a snowflake on your tongue
39. Make a snow angel
40. Write your name in the frost
41. Take part in a show
42. Visit a museum with dinosaur skeletons and fossils
43. Play Jack in the Box in a large cardboard box
44. Eat at a restaurant (not a fast food one)
45. Eat too much party food!
46. Visit a old person and make them happy
47. Sing jingle bells on repeat!
48. Wrap a present
49. Make mince pies
50. Visit Father Christmas

In Spring..

51. Stroke a rabbit
52. Hop around like a bunny
53. Plant a seed and watch it grow
54. Roll down a grassy hill
55. Catch rain drops on your tongue
56. Visit a 'pick your own' farm
57. Eat jelly and ice cream
58. Enter a competition
59. Make a rope swing in a tree with a tyre or large stick as the seat
60. Make a wish with a dandelion
61. Find a fairy door in your house or garden
62. Grow tomatoes and eat them
63. Make perfume with flower petals and bottles
64. Bottle feed lambs
65. Use a magnifying glass
66. Take a selfie through a toilet tube and pretend you're the moon
67. Go on an Easter egg hunt
68. Bake buns and lick the bowl
69. Explore your garden looking for mini-beasts
70. Roll boiled eggs down a hill
71. Hunt for the end of the rainbow
72. Dance in the rain
73. Make large bubbles with a hoop
74. Dress up as your favourite book character
75. Plant and then dig for potatoes

In Summer..

76. Go to the beach
77. Build a giant sandcastle
78. Jump in the waves
79. Stay up late to look at the stars with a night time picnic
80. Help wash a car with buckets and sponges
81. Fill water balloons and throw them
82. Eat an ice cream cornet from an ice cream van
83. Fish with a fishing net
84. Jump on a bouncy castle
85. Go rock pooling– catch a crab in a bucket
86. Run so fast you think you can fly
87. Visit a zoo or a farm
88. Run in and out of a hose pipe spray
90. Slide down a garden water slide
91. Take part in your school's sports day
92. Have a themed party
93. Learn to swim
94. Make a daisy chain
95. Decorate a rock
96. Become a cannon ball and jump into a pool
97. Have a teddy bears picnic
98. Eat fish and chips with your fingers
99. Collect shells
100. Grow caterpillars into butterflies