

Marlcliffe Primary Personal Development (PSHE/RSE) Long Term Plan

Year 1 and Year 2						
Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1/2 A	<p>What Makes a Family? Fa4) When should I say no? Fa5) Who owns my body? I do!</p> <p>Pantosaurus</p> <p>Online Safety Os2) Personal information [S1] Os3) Online strangers [P1] Lee and Kim's Adventures</p> <p>Introduction to Anti-Discrimination for KS1</p>	<p>Keeping Friendships Healthy Fr4) How do we stop bullying? (teach mid-November)</p> <p>Staying Healthy P1) How do I help my body stay healthy? P2) How do I decide what to eat? P3) How do we stop getting ill? P4) How can I stay safe?</p> <p>Anti-Discrimination Lesson 1: Talking about race and racism</p>	<p>Keeping Friendships Healthy Fr1) Who is my friend? Fr2) What makes a good friend? Fr3) Should friends tell us what to do?</p> <p>Anti-Discrimination Lesson 2: Defining anti-racism Lesson 3: Redefining racism</p>	<p>Online Safety Os1) Screen me [L1] Os4) Fake News [N1]</p> <p>Anti-Discrimination Lesson 4: Understanding racial socialisation and stereotypes Lesson 5: Unconscious bias</p>	<p>Our Communities C1) How do we make a happy school? C2) Who lives in my neighbourhood?</p> <p>Anti-Discrimination Lesson 6: Being anti-racist in our actions Lesson 7: Representation matters</p>	<p>Y2s only: Growing G1) Will I always be a child? (link with Science)</p> <p>Our Communities C3) What makes a boy or a girl?</p> <p>Y1s only: British Values</p> <p>Y1 and Y2: Transition</p> <p>Anti-Discrimination Lesson 8: Myth busting anti-racism</p>
Y1/2 B	<p>What Makes a Family? Fa4) When should I say no? Fa5) Who owns my body? I do!</p> <p>Pantosaurus</p> <p>Online Safety Os2) Personal information [S1] Os3) Online strangers [P1] Jessie and Friends</p> <p>Introduction to Anti-Discrimination for KS1</p>	<p>Keeping Friendships Healthy Fr4) How do we stop bullying? (teach mid-November)</p> <p>Understanding My Feelings M1) Where do feelings come from? M2) Who Am I? M3) What helps me to be happy?</p> <p>Anti-Discrimination Lesson 1: Talking about race and racism</p>	<p>What Makes A Family? Fa1) Who's in my family? Fa2) Do families always stay the same?</p> <p>Anti-Discrimination Lesson 2: Defining anti-racism Lesson 3: Redefining racism</p>	<p>Online Safety Os1) Screen me [L1] Os4) Fake News [N1] P4) How can I stay safe?</p> <p>Anti-Discrimination Lesson 4: Understanding racial socialisation and stereotypes Lesson 5: Unconscious bias</p>	<p>What Makes a Family? Fa3) How should families treat each other? Fa6) Are all families the same?</p> <p>Anti-Discrimination Lesson 6: Being anti-racist in our actions Lesson 7: Representation matters</p>	<p>Y2s only: Growing G1) Will I always be a child? (link with Science)</p> <p>Our Communities C3) What makes a boy or a girl?</p> <p>Y1s only: British Values</p> <p>Y1 and Y2: Transition</p> <p>Anti-Discrimination Lesson 8: Myth busting anti-racism</p>

Year 3 and Year 4

Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3/4 A	What makes a family? Fa1) Do families always stay the same? Fa2) Are all families like mine?	Our communities C2) Where do you feel like you belong? C3) How can we help the people around us?	Understanding my feelings M1) How do I manage my feelings? M2) Are we happy all the time?	Online Safety Os1) Online strangers Os2) Sharing Online Os3) Friendship Online	Staying Healthy P1) How do I keep my body healthy? P2) How do I get a healthy diet?	Staying Healthy P3) How do I stop getting ill?
Y3/4 B	What makes a family? /Keeping friendships healthy Fa3) Are boys and girls the same? Fr4) What is sexism?	Keeping friendships healthy Fr1) What makes a good friend? Fr2) Are all friends the same?	Keeping friendships healthy Fr3) Are friendships always fun?	Online Safety Os4) Personal Information Os5) Digital Media Os6) Verifying content and echo chambers	Our Communities Anti-Discrimination lessons	Our Communities C1) How do we make the world fair?

Year 5 and Year 6

Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y5/6 A	Our Communities C1) What is prejudice? C2) What is the history of prejudice? C3) What should I do if I encounter prejudice? C4a) How can I be a great citizen? C4b) How can we make positive changes in the world?	Puberty Y5 G1) How will my body change as I get older? G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is Menstruation? Sexual Reproduction Y6 - Sx2) Optional unit on sexual reproduction Anti-discrimination lessons	Physical Health- Staying Healthy P1) Is there such a thing as the perfect body? P2) How can I stay fit and healthy? P3) Can I avoid getting ill?	Physical Health- Staying Healthy P4) Why do some people take drugs? P5) Where should I get my health information? P6) How do I save a life?	What makes a family? Fa1) Why do some people get married? Fa2) Are families ever perfect? Fa3) Is there such a thing as a 'normal' family?	Our Communities C5a) Why is money important? C5b) How should I spend my money? C5c) How can I earn money? C6) What makes us feel like we belong? C7) What does it mean to be British?

<p>Y5/6 B</p>	<p>Online Safety Os1) Control and consent [S1] Os2) Protecting our identity [P1] Os3) Meeting strangers online [P4] Os4) Personal Information, terms and conditions [C2]</p>	<p>Puberty Y5 G1) How will my body change as I get older? G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is Menstruation?</p> <p>Sexual Reproduction Y6 - Sx2) Optional unit on sexual reproduction</p> <p>Anti-discrimination lessons</p>	<p>Online Safety Os5) Analysing Digital Media [N1] Os6) Bias [N2] Os7) Echo Chambers [N5] Os8) Does the internet make us happy? [L1]</p>	<p>Keeping friendships healthy Fr1) What makes a close friend? Fr2) Can we be different and still be friends? Fr3) Should friends tell us what to do? Fr4) Why are some people unkind?</p>	<p>Keeping friendships healthy Fr5) What are stereotypes? Fr6) How do I accept my friends for who they are? FR 7) How do we reduce Sexism?</p>	<p>Understanding My Feelings M1) Does everybody have the same feelings? M2) Should we be happy all the time? M3) Why do we argue? M4) Who am I?</p>
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