



Marcliffe Primary PSHE/RSHE Progression Map



EYFS	Key Skills	EYFS ELG
	<p>In FS2</p> <ul style="list-style-type: none"> I can say why someone is special to me. I can recognise ways in which my family/carer is special. I can recognise what I am good at from what others tell me. I show a willingness to care about others. I can learn when to say “thank you” and “sorry”. I understand that bullying is something that happens repetitively and it is not ok. I can express my own likes, dislikes and preferences. I understand that we have lots of similarities and differences. I am beginning to appreciate that others might think differently to me or believe in different things. I can make simple choices between activities, foods, etc. I know when I feel well or unwell. I know how to be a good friend and show a willingness to care about others. <p>Themes Autumn – All about Me and People How help us Spring – Traditional Tales/Transport Summer- My World – Plants and Animals</p>	<p>ELG: Self-regulation</p> <ul style="list-style-type: none"> Show an understanding of their feelings & begin to regulate their behaviour accordingly Set & work towards simple goals, being able to wait for what they want & control their immediate impulses when appropriate Give focussed attention to what the teacher says, responding appropriately even when engaged in activity, & show an ability to follow instructions involving several ideas or actions <p>ELG: Managing Self</p> <ul style="list-style-type: none"> Be confident to try new activities & show independence, resilience & perseverance in the face of challenge Explain the reasons for rules, know right from wrong & try to behave accordingly Manage own basic hygiene & personal needs, including dressing, going to the toilet & understanding the importance of healthy food choices <p>ELG: Building Relationships</p> <ul style="list-style-type: none"> Work & play cooperatively & take turns with others Form positive attachments to adults & friendships with peers Show sensitivity to their own & other’s needs <p>Educational Programmes from Statutory Framework</p> <p>Children’s personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.</p>

	KS1	Middle Phase (Y3/4)	Upper Phase (Y5/6)
Family	<ul style="list-style-type: none"> Know that we should feel safe and receive kindness when with our families (although not everyone does) Understand acceptable behaviour at home and at school Understand that families change Practice saying no (consent) Know how to report concerns Understand that families are diverse and may include same-sex parents 	<ul style="list-style-type: none"> Understand the way that families can change (including bereavement) Appreciate that there are cultural differences between families in their communities Know that boys and girls should be treated equally 	<ul style="list-style-type: none"> Discuss the reason why people get married, and the fact that anyone can get married to anyone else, as long as they both wish to do so Learn how to disagree and listen to opposing views with respect Understand that families are highly varied and that the differences between people should be accepted and celebrated
Friends	<ul style="list-style-type: none"> Learn how to be a kind friend Identify the features of good friends Identify ‘bossy’ friendships Identify bullying Understand that friends are diverse and everyone is different (as well as having many similarities) 	<ul style="list-style-type: none"> Choose healthy friendships Learn how to resolve conflict Including people who are in minority groups Understanding what ‘non-binary’ means (people who prefer ‘they’ pronouns or do not identify as a boy or a girl) 	<ul style="list-style-type: none"> Appreciate the ongoing complexity of close friendships Celebrate difference Identify manipulation tactics online and off Identify and challenge bullying and stereotypes Understand the structural reasons for gender inequality and learn to challenge it effectively among their peers Accept and celebrate difference Begin to understand gender identity and sexual orientation Learn how to accurately use terms such as transgender, non-binary, gay and bisexual
Community	<ul style="list-style-type: none"> Contribute to a happy school Consider their wider community Understand the equality of expectations for boys and girls Learn about gender (boys, girls and gender expectations) Begin to understand what racism is and how to stop it Know that the online world is not always a safe space 	<ul style="list-style-type: none"> Consider their place within a happy and fair world Explore feelings of belonging Learn how to contribute to society Learn how to be an anti-racist Learn how to stay safe online 	<ul style="list-style-type: none"> Understand the history of prejudice and discrimination Learn how to stand up to prejudice Learn about impairments and the way to treat disabled people with respect Understand the importance of money and how to use it wisely Explore the inequalities created by unequal distribution of wealth Explore what does it mean to be British Learn how to be a better anti-racist Understand what the equality act is what the protected characteristics are Know how to use social media safely
Mental Wellbeing	<ul style="list-style-type: none"> Talk about feelings Consider the range of moods that we experience Resolve arguments Begin to gain a sense of self 	<ul style="list-style-type: none"> Manage feelings Understand the causes and barriers to our own happiness 	<ul style="list-style-type: none"> Develop empathy for other people in the world Understand mental wellbeing Resolve conflicts Understand the causes of our emotions Explore self-identity
Physical Health	<ul style="list-style-type: none"> Learn how to exercise Identify healthy foods Learn how to keep clean Identify and avoid dangers 	<ul style="list-style-type: none"> Appreciate the importance of exercise Appreciate the importance of a healthy diet Understand issues relating to hygiene and illness 	<ul style="list-style-type: none"> Critique beauty standards and expectations and the effect these have on mental health Understand that we need to balance long term happiness with short term enjoyment Have a thorough understanding of diet and exercise Appreciate the significance to health of hygiene and illness Learn about the dangers of drugs, alcohol and tobacco Learn how to verify health information Identify and manage hazards and risk Learn key life-saving skills
Growing Up	<ul style="list-style-type: none"> Learn how our bodies change over time (Linked to science) 	<ul style="list-style-type: none"> Be able to access to information about periods should they need to 	<p>Puberty</p> <ul style="list-style-type: none"> Understand physical changes including identifying body parts Understand emotional changes Understand the importance of hygiene during puberty Understand the process of menstruation <p>Optional</p> <ul style="list-style-type: none"> Learn how sexual reproduction can lead to childbirth